Inclusive Recreation Resource Center at SUNY Cortland

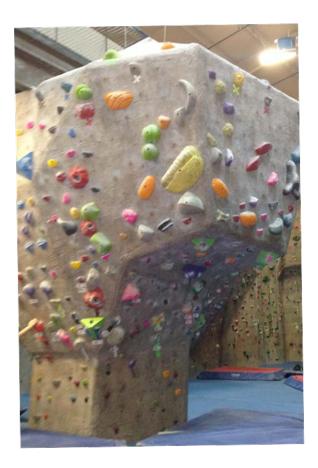
Climbing Wall Checklist		
CLIM1	Agency name:	
CLIM2	Number of climbing walls assessed:	picnic areas
CLIM3	Name/location of climbing wall:	
CLIM4	Is there a continuous unobstructed route of travel from registration area to the climbing wall?	□ yes □ no □ n/a □ photo
CLIM5	Is the route of travel well-lit?	□ yes □ no □ n/a □ photo
CLIM6	Describe the surface of the route of travel:	
CLIM7	Slope of route of travel (at its steepest incline):	% (enter 0% if flat)
CLIM8	Width of route of travel (at its narrowest point):	inches (at least 36")
CLIM9	What is the distance from the registration area to the climbing wall?	feet
CLIM10	Check the type of climbing available:  ☐ Top rope ☐ Bouldering ☐ Auto-belay ☐ Lead climbing	
CLIM11	Describe the surface of the floor mats under the climbing wall:	
CLIM12	If the floor mats are not flush with the ground, what is the height of the floor mats?	inches
CLIM13	Is there at least one route with "jug" or "mini-jug/incuts" type handholds the entire way up? (likely found on routes rated 5.5 – 5.7)	□ yes □ no □ n/a □ photo
CLIM14	Check the type of adaptive gear available:	
CLIM15	Comments/additional information regarding climbing wall:	





Example of auto-belay system

Example of top rope set-up



Example of bouldering wall with no ropes suspended from top.



Example of mats built into floor.



Example of thick foam raised floor mats (solid blue), with additional bouldering pads on top (red and blue).



Example of jug handholds, larger and easier to grip than other types.



Example of handholds that are not jugs or incuts.

Smaller and more difficult to grip.



Easy Seat Harness



**ARC Harness** 



Full Body Harness



Spreader Bar